

OPTIMIZING YOUR RECOVERY AFTER SURGERY

Rockwall Oral Surgery provides EXPAREL as part of your surgical treatment. EXPAREL is a slow releasing local anesthetic providing better pain relief over the first few postoperative days. Dr. Pollock has chosen this opioid-minimizing approach to help improve your recovery by controlling pain better.



EXPAREL is a long-lasting, non-opioid, numbing medication used to help reduce pain. It is given during your procedure as part of an opioid-minimizing approach to control pain after surgery.



EXPAREL provides pain control for the first few days after surgery, when you need it most, by numbing the extraction site where your surgery was performed.



EXPAREL can reduce or eliminate the need for opioids, which may be habit forming, after surgery*. Opioids may cause sleepiness (sedation), constipation, and nausea and/or vomiting, which can negatively impact your recovery after surgery.

After surgery, the goal is to control pain while also allowing you to be actively engaged in recovery (by walking, eating, moving, etc.) as early as possible. Pain during this time is to be expected, but everyone experiences pain differently. Here are a few reminders about how best to manage your pain after surgery.

- 1 Follow the postsurgical orders and pain medication guidelines given at discharge.
- 2 It is common practice for doctors to use several different types of medications such acetaminophen and/or ibuprofen, to manage pain, swelling, etc., in addition to EXPAREL. Follow the dosing instructions given to you after your surgery.
- 3 Be sure to communicate any unmanageable pain you are feeling to our office by calling 972-771-0400 during normal business hours or by following the prompts on our phone message after hours.



960 WEST RALPH HALL PKWY
ROCKWALL, TX 75032
phone 972-771-0400
dentalimplantsurgery.com
Monday-Friday 8am to 3:30pm

NON-OPIOID
EXPAREL[®]
(bupivacaine liposome injectable suspension)

*The clinical benefit of the decrease in opioid consumption was not demonstrated by pivotal trials, but we see a clinical benefit. In the event you need to see a health care provider other than your surgeon or anesthesiologist, let them know you received EXPAREL as part of your surgery. Avoid additional use of local anesthetics within 96 hours following administration of EXPAREL.